

## Information

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### Marine Conservation Society Good Beach Guide Recommended Beaches

Every summer, water quality is assessed at popular UK beaches which have been designated as bathing waters under the European Bathing Water Directive (76/160/EEC). During the bathing season, mid-May to September in England and Wales and June to September in Scotland and Northern Ireland, samples are usually taken once a week by the relevant authority and tested for bacteria, which indicate the presence of pollution from sewage and/or animal waste.

At the end of the bathing season beaches must meet the legal minimum '**Mandatory**' standard, which sets values for total and faecal coliforms which must be achieved by 95% of samples taken.

Beaches should also endeavour to meet the stricter UK '**Guideline**' standard, which sets tighter values for total and faecal coliforms to be achieved by 80% of samples and a value for faecal streptococci to be achieved by 90% of samples.

In the **MCS Good Beach Guide**, we use all available water quality data<sup>1</sup> from the previous summer, along with information about the treatment of any local sewage discharges<sup>2</sup> to award beaches with our gold standard for excellent water quality '**MCS Recommended**'. To obtain this award, beaches must meet the following criteria:

- During the previous bathing season (i.e. 2011) the Guideline water quality standard was met, with the inclusion of any samples taken during wet weather which may have been removed from government assessments by legal means of the 'abnormal weather waiver'.

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<sup>1</sup> MCS does not take any water quality samples ourselves; instead, we apply our own criteria to monitoring data provided by the following environmental regulators, local authorities and Governments; the Environment Agency, Scottish Environment Protection Agency, Northern Ireland Environment Agency, Dover Harbour Board, Borough of Poole, Wirral Council, The Highland Council, Swansea Council, Shetland Islands Council, Isle of Man Government, States of Jersey, States of Guernsey.

<sup>2</sup> Information regarding the treatment of local sewage discharges is provided to us by the following water companies; Dŵr Cymru Welsh Water, Scottish Water, Northern Ireland Water, South West Water, Wessex Water, Yorkshire Water, Northumbrian Water, United Utilities, Southern Water, Anglian Water, Guernsey Water, Isle of Man Water & Sewerage Authority, States of Jersey

- 100% of samples taken during the previous bathing season, including samples taken during wet weather, must not have exceeded values set in the Mandatory standard.
- Any local continuous sewage discharges must be appropriately treated to remove the majority of bacteria and viruses using, as a minimum, secondary treatment.

Water samples are also sometimes taken on beaches which are not officially designated as bathing waters. At these beaches the regular sampling of the water is not a legal requirement, but is instead carried out on a voluntary basis by the beach owner or local authority. MCS prides itself on assessing any UK beach which is tested for water quality, whether the beach is designated or not. We also include results from Jersey, Guernsey and the Isle of Man who have adopted European standards to test water quality at popular beaches.

**Please Note: in the table below, the number given to each beach (column 1) does not represent any form of grading or rank.**

Beach Name		County	Country/Region
1	Weston-super-Mare - Sand Bay	North Somerset	South West
2	Brean	Somerset	South West
3	Berrow - North of Unity Farm	Somerset	South West
4	Blue Anchor West	Somerset	South West
5	Dunster North West	Somerset	South West
6	Porlock Weir	Somerset	South West
7	Bude – Sandymouth	Cornwall	South West
8	Bude – Crooklets	Cornwall	South West
9	Bude - Summerleaze	Cornwall	South West
10	Widemouth Sand	Cornwall	South West
11	Crackington Haven	Cornwall	South West
12	Trebarwith Strand	Cornwall	South West
13	Polzeath	Cornwall	South West
14	Daymer Bay	Cornwall	South West
15	Rock	Cornwall	South West
16	Harlyn Bay	Cornwall	South West
17	Mother Ivey's Bay	Cornwall	South West
18	Constantine Bay	Cornwall	South West
19	Treyarnon Bay	Cornwall	South West
20	Porthcothan	Cornwall	South West
21	Mawgan Porth	Cornwall	South West
22	Watergate Bay	Cornwall	South West
23	Lusty Glaze	Cornwall	South West
24	Newquay - Tolcarne	Cornwall	South West
25	Newquay - Great Western	Cornwall	South West
26	Newquay - Towan	Cornwall	South West
27	Newquay - Fistral	Cornwall	South West
28	Crantock	Cornwall	South West
29	Holywell Bay	Cornwall	South West
30	Perranporth Penhale Sands	Cornwall	South West

Beach Name		County	Country/Region
31	Perranporth Village End	Cornwall	South West
32	St Agnes - Trevaunance Cove	Cornwall	South West
33	Porthtowan	Cornwall	South West
34	Portreath	Cornwall	South West
35	The Towans - Godrevy	Cornwall	South West
36	The Towans - Hayle	Cornwall	South West
37	Carbis Bay - Porth Kidney	Cornwall	South West
38	Carbis Bay Beach (Station)	Cornwall	South West
39	St Ives - Porthminster	Cornwall	South West
40	St Ives - Porth Gwidden	Cornwall	South West
41	St Ives - Porthmeor	Cornwall	South West
42	Sennen Cove	Cornwall	South West
43	Porthcurno	Cornwall	South West
44	Mounts Bay - Heliport	Cornwall	South West
45	Mounts Bay - Penzance	Cornwall	South West
46	Mounts Bay - Marazion	Cornwall	South West
47	Perran Sands - Perranuthnoe	Cornwall	South West
48	Praa Sands West	Cornwall	South West
49	Praa Sands East	Cornwall	South West
50	Porthleven - West	Cornwall	South West
51	Church Cove	Cornwall	South West
52	Poldhu Cove	Cornwall	South West
53	Pollurian Cove	Cornwall	South West
54	Kennack Sands	Cornwall	South West
55	Porthoustock	Cornwall	South West
56	Porthallow	Cornwall	South West
57	Maen Porth	Cornwall	South West
58	Swanpool	Cornwall	South West
59	Gyllyngvase	Cornwall	South West
60	Pendower Beach	Cornwall	South West
61	Gorran Haven - Vault Beach	Cornwall	South West
62	Polstreath	Cornwall	South West
63	Pentewan Sands	Cornwall	South West
64	Porthpean	Cornwall	South West
65	Duporth Beach	Cornwall	South West
66	Charlestown	Cornwall	South West
67	Crinnis Beach - Leisure Centre	Cornwall	South West
68	Crinnis Beach - Golf Links	Cornwall	South West
69	Readymoney (Fowey)	Cornwall	South West
70	Looe - East	Cornwall	South West
71	Downderry	Cornwall	South West
72	Portwrinkle	Cornwall	South West
73	Cawsand Bay	Cornwall	South West
74	Kingsand Bay	Cornwall	South West
75	Ilfracombe - Tunnels Beach	Devon	South West
76	Barricane Bay - Woolacombe	Devon	South West
77	Putsborough	Devon	South West
78	Saunton Sands	Devon	South West
79	Westward Ho!	Devon	South West
80	Hartland Quay	Devon	South West
81	Plymouth Hoe - West	Devon	South West
82	Plymouth Hoe - East	Devon	South West
83	Bovisand Bay	Devon	South West

Beach Name		County	Country/Region
84	Wembury	Devon	South West
85	Challaborough	Devon	South West
86	Bigbury on Sea (North)	Devon	South West
87	Bigbury on Sea (South)	Devon	South West
88	Thurlestone - North	Devon	South West
89	Thurlestone - South	Devon	South West
90	Hope Cove	Devon	South West
91	Salcombe - South Sands	Devon	South West
92	Salcombe - North Sands	Devon	South West
93	Mill Bay	Devon	South West
94	Slapton Sands - Torcross	Devon	South West
95	Slapton Sands - Monument	Devon	South West
96	Blackpool Sands - Stoke Fleming	Devon	South West
97	Dartmouth Castle and Sugary Cove	Devon	South West
98	St Mary's Bay - Devon	Devon	South West
99	Shoalstone Beach	Devon	South West
100	Broadsands Beach	Devon	South West
101	Paignton - Paignton Sands	Devon	South West
102	Hollicombe	Devon	South West
103	Beacon Cove	Devon	South West
104	Meadfoot	Devon	South West
105	Anstey's Cove	Devon	South West
106	Babbacombe Bay	Devon	South West
107	Oddicombe Beach	Devon	South West
108	Maidencombe	Devon	South West
109	Ness Cove	Devon	South West
110	Shaldon	Devon	South West
111	Teignmouth - Town	Devon	South West
112	Dawlish - Coryton Cove	Devon	South West
113	Dawlish - Warren	Devon	South West
114	Exmouth	Devon	South West
115	Sandy Bay	Devon	South West
116	Sidmouth - Jacobs Ladder	Devon	South West
117	Sidmouth - Town	Devon	South West
118	Beer	Devon	South West
119	Seaton - Devon	Devon	South West
120	Charmouth - West	Dorset	South West
121	Seatown	Dorset	South West
122	Eypemouth	Dorset	South West
123	West Bay - West	Dorset	South West
124	Hive	Dorset	South West
125	Portland Harbour - Sandsfoot Castle	Dorset	South West
126	Portland Harbour - Castle Cove	Dorset	South West
127	Weymouth - Preston (Lodmoor)	Dorset	South West
128	Weymouth - Central	Dorset	South West
129	Church Ope Cove	Dorset	South West
130	Ringstead Bay	Dorset	South West
131	Durdle Door - West	Dorset	South West
132	Durdle Door - East	Dorset	South West
133	Swanage - Central	Dorset	South West
134	Studland Knoll House	Dorset	South West
135	Shell Bay North	Dorset	South West
136	Poole - Harbour Rockley Sand	Dorset	South West
137	Poole Harbour at Hamworthy Park	Dorset	South West
138	Poole - Harbour Lake	Dorset	South West

Beach Name		County	Country/Region
139	Poole - Sandbanks Peninsular	Dorset	South West
140	Poole - Shore Road	Dorset	South West
141	Poole - Canford Cliffs	Dorset	South West
142	Poole - Branksome Chine	Dorset	South West
143	Bournemouth - Alum Chine	Dorset	South West
144	Bournemouth - Durley Chine	Dorset	South West
145	Bournemouth - Pier	Dorset	South West
146	Bournemouth - Boscombe Pier	Dorset	South West
147	Bournemouth - Fisherman's Walk	Dorset	South West
148	Bournemouth - Southbourne	Dorset	South West
149	Bournemouth - Hengistbury West	Dorset	South West
150	Christchurch - Mudeford Sandbank East	Dorset	South West
151	Christchurch - Avon Beach	Dorset	South West
152	Christchurch - Friars Cliff	Dorset	South West
153	Christchurch - Highcliffe Castle	Dorset	South West
154	Highcliffe	Dorset	South West
155	Totland Bay	Isle of Wight	South East
156	Colwell Bay	Isle of Wight	South East
157	Gurnard	Isle of Wight	South East
158	Seagrove	Isle of Wight	South East
159	St Helens	Isle of Wight	South East
160	Sandown - Yaverland	Isle of Wight	South East
161	Sandown	Isle of Wight	South East
162	Shanklin	Isle of Wight	South East
163	Ventnor	Isle of Wight	South East
164	Compton Bay	Isle of Wight	South East
165	Christchurch Bay	Hampshire	South East
166	Milford-on-sea	Hampshire	South East
167	Lepe	Hampshire	South East
168	Calshot	Hampshire	South East
169	Lee-on-Solent	Hampshire	South East
170	Stokes Bay	Hampshire	South East
171	Southsea (300m West of EC Site)	Hampshire	South East
172	Old Portsmouth Beach (Victoria pier)	Hampshire	South East
173	Eastney	Hampshire	South East
174	Beachlands West	Hampshire	South East
175	Beachlands Central	Hampshire	South East
176	Eastoke	Hampshire	South East
177	West Wittering	West Sussex	South East
178	Bracklesham Bay	West Sussex	South East
179	Pagham	West Sussex	South East
180	Bognor Regis (Aldwick)	West Sussex	South East
181	Bognor Regis - East	West Sussex	South East
182	Felpham	West Sussex	South East
183	Littlehampton	West Sussex	South East
184	Worthing	West Sussex	South East
185	Southwick	East Sussex	South East
186	Hove West	East Sussex	South East
187	Hove	East Sussex	South East
188	Brighton - Kemp Town	East Sussex	South East
189	Brighton - Central	East Sussex	South East
190	Newhaven - West Quay	East Sussex	South East
191	Seaford	East Sussex	South East
192	Birling Gap	East Sussex	South East
193	Eastbourne	East Sussex	South East

Beach Name		County	Country/Region
194	Norman's Bay	East Sussex	South East
195	Cooden Beach	East Sussex	South East
196	St. Leonards	East Sussex	South East
197	Camber	East Sussex	South East
198	Dymchurch	Kent	South East
199	Hythe	Kent	South East
200	Sandgate Beach	Kent	South East
201	Dover Harbour	Kent	South East
202	St Margaret's Bay	Kent	South East
203	Sandwich Bay	Kent	South East
204	Ramsgate Sands	Kent	South East
205	Ramsgate Western Undercliff	Kent	South East
206	Stone Bay	Kent	South East
207	Botany Bay	Kent	South East
208	Margate - Fulsam Rock	Kent	South East
209	Margate - The Bay	Kent	South East
210	Westbrook Bay	Kent	South East
211	St. Mildred's Bay	Kent	South East
212	Westgate Bay	Kent	South East
213	Minnis Bay	Kent	South East
214	Herne Bay - Central	Kent	South East
215	Tankerton Beach	Kent	South East
216	Whitstable West Beach	Kent	South East
217	Southend - Westcliff Bay	Essex	South East
218	Southend - Three Shells	Essex	South East
219	Southend - Thorpe Bay	Essex	South East
220	Shoeburyness	Essex	South East
221	Shoebury East	Essex	South East
222	West Mersea	Essex	South East
223	Brightlingsea	Essex	South East
224	Jaywick	Essex	South East
225	Clacton - Martello Tower	Essex	South East
226	Clacton	Essex	South East
227	Holland	Essex	South East
228	Frinton	Essex	South East
229	Walton	Essex	South East
230	Dovercourt Bay	Essex	South East
231	Felixstowe - South	Suffolk	South East
232	Felixstowe - North	Suffolk	South East
233	Lowestoft - North of Claremont Pier	Suffolk	South East
234	Lowestoft - South of Claremont Pier	Suffolk	South East
235	Gorleston Beach	Norfolk	South East
236	Great Yarmouth South	Norfolk	South East
237	Great Yarmouth Pier	Norfolk	South East
238	Great Yarmouth North	Norfolk	South East
239	Caister Point	Norfolk	South East
240	Hemsby	Norfolk	South East
241	Sea Palling	Norfolk	South East
242	Mundesley	Norfolk	South East
243	Cromer	Norfolk	South East
244	East Runton	Norfolk	South East
245	Sheringham	Norfolk	South East
246	Wells	Norfolk	South East
247	Hunstanton (Old Hunstanton)	Norfolk	South East
248	Hunstanton Main Beach	Norfolk	South East

Beach Name		County	Country/Region
249	Skegness	Lincolnshire	North East
250	Ingoldmells South	Lincolnshire	North East
251	Chapel St Leonards	Lincolnshire	North East
252	Anderby	Lincolnshire	North East
253	Moggs Eye	Lincolnshire	North East
254	Sutton-on-Sea	Lincolnshire	North East
255	Mablethorpe Town	Lincolnshire	North East
256	Cleethorpes	Lincolnshire	North East
257	Withernsea	East Riding of Yorkshire	North East
258	Tunstall	East Riding of Yorkshire	North East
259	Skipsea	East Riding of Yorkshire	North East
260	Fraisthorpe	East Riding of Yorkshire	North East
261	Wilsthorpe	East Riding of Yorkshire	North East
262	Bridlington - North Beach	East Riding of Yorkshire	North East
263	Flamborough - South Landing	East Riding of Yorkshire	North East
264	Flamborough - Danes Dyke	East Riding of Yorkshire	North East
265	Reighton	North Yorkshire	North East
266	Filey	North Yorkshire	North East
267	Cayton Bay	North Yorkshire	North East
268	Scarborough North Bay	North Yorkshire	North East
269	Robin Hoods Bay	North Yorkshire	North East
270	Whitby	North Yorkshire	North East
271	Sandsend	North Yorkshire	North East
272	Runswick Bay	North Yorkshire	North East
273	Saltburn	Redcar and Cleveland	North East
274	Sea at Marske Sands	Redcar and Cleveland	North East
275	Redcar - Stray	Redcar and Cleveland	North East
276	Redcar - Granville	Redcar and Cleveland	North East
277	Redcar - Coatham	Redcar and Cleveland	North East
278	Seaton Carew - North Gare	Durham	North East
279	Seaton Carew - Centre	Durham	North East
280	Seaton Carew - North	Durham	North East
281	Crimdon - Park	Durham	North East
282	Seaham Hall Beach	Durham	North East
283	Seaham Beach	Durham	North East
284	Marsden	Tyne & Wear - South Tyneside	North East
285	South Shields	Tyne & Wear - South Tyneside	North East
286	Tynemouth - King Edwards Bay	Tyne & Wear - North Tyneside	North East
287	Tynemouth - Long Sands South	Tyne & Wear - North Tyneside	North East
288	Tynemouth - Long Sands North	Tyne & Wear - North Tyneside	North East
289	Tynemouth - Cullercoats	Tyne & Wear - North Tyneside	North East
290	Whitley Bay	Tyne & Wear - North Tyneside	North East
291	Seaton Sluice	Tyne & Wear - North Tyneside	North East
292	Blyth South Beach	Northumberland	North East
293	Newbiggin - South	Northumberland	North East
294	Newbiggin - North	Northumberland	North East
295	Druridge Bay North	Northumberland	North East
296	Druridge Bay South	Northumberland	North East
297	Amble Links	Northumberland	North East
298	Warkworth	Northumberland	North East
299	Beadnell Bay	Northumberland	North East
300	Seahouses North	Northumberland	North East
301	Bamburgh Castle	Northumberland	North East
302	St. Bees	Cumbria	North West
303	Silecroft	Cumbria	North West

Beach Name		County	Country/Region
304	Southport	Sefton	North West
305	Formby	Sefton	North West
306	Wallasey	Wirral	North West
307	Moreton	Wirral	North West
308	Meols	Wirral	North West
309	West Kirby	Wirral	North West
310	Point of Ayr, Lighthouse	Flintshire	Wales
311	Prestatyn Central	Denbighshire	Wales
312	Prestatyn Gronant Dunes	Denbighshire	Wales
313	Prestatyn Barkby Beach	Denbighshire	Wales
314	Prestatyn Ffrith Beach	Denbighshire	Wales
315	Kinmel Bay (Sandy Cove)	Conwy	Wales
316	Abergele - Pensarn	Conwy	Wales
317	Llanddulas	Conwy	Wales
318	Colwyn Bay	Conwy	Wales
319	Old Colwyn	Conwy	Wales
320	Penrhyn Bay	Conwy	Wales
321	Penmaenmawr	Conwy	Wales
322	Llanfairfechan	Conwy	Wales
323	Beaumaris	Isle of Anglesey	Wales
324	Llanddona	Isle of Anglesey	Wales
325	St. Davids, Benllech	Isle of Anglesey	Wales
326	Red Wharf Bay	Isle of Anglesey	Wales
327	Benllech	Isle of Anglesey	Wales
328	Moelfre	Isle of Anglesey	Wales
329	Traeth Lligwy	Isle of Anglesey	Wales
330	Porth Eilian, Amlwch	Isle of Anglesey	Wales
331	Cemaes	Isle of Anglesey	Wales
332	Cemaes - Traeth Bach	Isle of Anglesey	Wales
333	Cemlyn	Isle of Anglesey	Wales
334	Church Bay	Isle of Anglesey	Wales
335	Porth Trwyn	Isle of Anglesey	Wales
336	Porth Tywyn Mawr (Sandy Beach)	Isle of Anglesey	Wales
337	Porth Dafarch	Isle of Anglesey	Wales
338	Trearddur Bay	Isle of Anglesey	Wales
339	Rhoscolyn - Borth Wen	Isle of Anglesey	Wales
340	Rhoscolyn - Silver Bay	Isle of Anglesey	Wales
341	Llanfaelog - Porth Tyn Tywyn	Isle of Anglesey	Wales
342	Llanfaelog - Porth Nobla	Isle of Anglesey	Wales
343	Rhosneigr - Traeth Crigyll	Isle of Anglesey	Wales
344	Rhosneigr	Isle of Anglesey	Wales
345	Porth Trecastell	Isle of Anglesey	Wales
346	Aberffraw Bay (Traeth Mawr)	Isle of Anglesey	Wales
347	Llanddwyn Beach	Isle of Anglesey	Wales
348	Dinas Dinlle (Morfa Dinlle)	Gwynedd	Wales
349	Aberdaron Beach	Gwynedd	Wales
350	Abersoch	Gwynedd	Wales
351	Pwllheli	Gwynedd	Wales
352	Morfa Bychan (Craig Du)	Gwynedd	Wales
353	Harlech	Gwynedd	Wales
354	Llandanwg	Gwynedd	Wales
355	Dyffryn (Llanendwyn)	Gwynedd	Wales
356	Tal-y-bont	Gwynedd	Wales
357	Fairbourne	Gwynedd	Wales
358	Tywyn	Gwynedd	Wales

Beach Name		County	Country/Region
359	Ynyslas - Northern Groyne (Sea)	Ceredigion	Wales
360	Borth	Ceredigion	Wales
361	Aberystwyth - North	Ceredigion	Wales
362	Llanrhystud	Ceredigion	Wales
363	Llansantffraid	Ceredigion	Wales
364	Llanon (Slipway)	Ceredigion	Wales
365	Aberaeron - South (Northern Groyne)	Ceredigion	Wales
366	Little Quay (Cei Bach)	Ceredigion	Wales
367	New Quay - North Beach	Ceredigion	Wales
368	New Quay - Harbour Beach	Ceredigion	Wales
369	Cwmttydu	Ceredigion	Wales
370	Cilborth	Ceredigion	Wales
371	Llangrannog	Ceredigion	Wales
372	Penbryn	Ceredigion	Wales
373	Tresaith	Ceredigion	Wales
374	Aberporth	Ceredigion	Wales
375	Mwnt	Ceredigion	Wales
376	Poppit Sands - West	Pembrokeshire	Wales
377	Cwm yr Eglwys	Pembrokeshire	Wales
378	Aber Mawr Bay	Pembrokeshire	Wales
379	Abereiddy Bay - Slipway	Pembrokeshire	Wales
380	Whitesands	Pembrokeshire	Wales
381	Porthselau	Pembrokeshire	Wales
382	Caerfai Bay	Pembrokeshire	Wales
383	Newgale Sands	Pembrokeshire	Wales
384	Druidston Haven	Pembrokeshire	Wales
385	Broadhaven	Pembrokeshire	Wales
386	Little Haven	Pembrokeshire	Wales
387	Martin's Haven	Pembrokeshire	Wales
388	Marloes Sands	Pembrokeshire	Wales
389	Westdale	Pembrokeshire	Wales
390	Dale	Pembrokeshire	Wales
391	Sandy Haven	Pembrokeshire	Wales
392	West Angle Bay	Pembrokeshire	Wales
393	Freshwater West	Pembrokeshire	Wales
394	Broadhaven South	Pembrokeshire	Wales
395	Barafundle Bay	Pembrokeshire	Wales
396	Freshwater East	Pembrokeshire	Wales
397	Swanlake Bay	Pembrokeshire	Wales
398	Manorbier Bay	Pembrokeshire	Wales
399	Lydstep Haven	Pembrokeshire	Wales
400	Penally	Pembrokeshire	Wales
401	Priory Bay, Caldy Island	Pembrokeshire	Wales
402	Tenby - South	Pembrokeshire	Wales
403	Tenby - Castle Beach	Pembrokeshire	Wales
404	Tenby - North	Pembrokeshire	Wales
405	Waterwynch Bay	Pembrokeshire	Wales
406	Monkstone Beach (near tenby)	Pembrokeshire	Wales
407	Saundersfoot	Pembrokeshire	Wales
408	Coppet Hall	Pembrokeshire	Wales
409	Amroth	Pembrokeshire	Wales
410	Pendine Sands	Carmarthenshire	Wales
411	Pembrey Beach - Llanelli (Cefn Sidan)	Carmarthenshire	Wales
412	Rhossili Bay - Hillend	Seansa	Wales
413	Rhossili Bay	Swansea	Wales

Beach Name		County	Country/Region
414	Port Eynon	Swansea	Wales
415	Oxwich Bay	Swansea	Wales
416	Caswell Bay	Swansea	Wales
417	Langland Bay	Swansea	Wales
418	Limeslade Bay	Swansea	Wales
419	Bracelet Bay	Swansea	Wales
420	Porthcawl - Rest Bay	Bridgend	Wales
421	Porthcawl - Sandy Bay	Bridgend	Wales
422	Porthcawl - Trecco Bay	Bridgend	Wales
423	Ogmore Central	Vale of Glamorgan	Wales
424	Southerndown	Vale of Glamorgan	Wales
425	Llantwit Major Beach	Vale of Glamorgan	Wales
426	Fontygary Bay	Vale of Glamorgan	Wales
427	Watch House Bay, Barry	Vale of Glamorgan	Wales
428	Cold Knap, Barry	Vale of Glamorgan	Wales
429	Whitmore Bay, Barry	Vale of Glamorgan	Wales
430	Jacksons Bay, Barry	Vale of Glamorgan	Wales
431	Coldingham Bay	The Borders	Scotland
432	Thorntonloch	East Lothian	Scotland
433	Whitesands Bay	East Lothian	Scotland
434	Dunbar - Belhaven	East Lothian	Scotland
435	Peppersands	East Lothian	Scotland
436	Seacliff	East Lothian	Scotland
437	Yellowcraig	East Lothian	Scotland
438	Broadsands	East Lothian	Scotland
439	Gullane	East Lothian	Scotland
440	Elie (Ruby Bay)	Fife	Scotland
441	Roome Bay, Crail	Fife	Scotland
442	Kingsbarns	Fife	Scotland
443	Tentsmuir Sands	Fife	Scotland
444	Broughty Ferry	Dundee	Scotland
445	Monifieth	Angus	Scotland
446	Easthaven	Angus	Scotland
447	Arbroath - West Links	Angus	Scotland
448	Arbroath - Victoria Park	Angus	Scotland
449	Lunan Bay	Angus	Scotland
450	Montrose	Angus	Scotland
451	St. Cyrus	Aberdeenshire	Scotland
452	Rosehearty	Aberdeenshire	Scotland
453	Inverboyndie	Aberdeenshire	Scotland
454	Cullen	Moray	Scotland
455	Hopeman	Moray	Scotland
456	Portmahomack	Highland	Scotland
457	Dornoch	Highland	Scotland
458	Embo Beach	Highland	Scotland
459	Golspie - North	Highland	Scotland
460	Dunnet Bay	Highland	Scotland
461	Findhorn	Highland	Scotland
462	Melvich Bay	Highland	Scotland
463	Strathy Bay	Highland	Scotland
464	Achmelvich Bay	Highland	Scotland
465	Sands of Breckon	Shetland	Scotland
466	St Ninians	Shetland	Scotland
467	West Voe Sands	Shetland	Scotland
468	Tresta Sands	Shetland	Scotland

Beach Name	County	Country/Region
469	West Sandwick	Shetland
470	Ganavan	Argyle & Bute
471	Machrihanish	Argyle & Bute
472	Dunure	South Ayrshire
473	Croy	South Ayrshire
474	Culzean	South Ayrshire
475	Maidens	South Ayrshire
476	Magilligan Strand, Benone	Londonderry
477	Magilligan - Downhill	Londonderry
478	Castlerock	Londonderry
479	Portstewart (The Strand)	Londonderry
480	Portrush - Mill (West) Strand	Antrim
481	Portrush - Whiterocks	Antrim
482	Portballintrae (Salmon Rock)	Antrim
483	Portrush - Curran (East) Strand	Antrim
484	Waterfoot	Antrim
485	Helen's Bay	Down
486	Crawfordsburn, Bangor	Down
487	Groomsport	Down
488	Millisle Lagoon	Down
489	Ballywalter	Down
490	Tyrella	Down
491	Cranfield - Nicholsons Strand	Down
492	Castletown	Isle of Man
493	Derbyhaven	Isle of Man
494	Saint's Bay	Guernsey
495	Portelet Bay	Guernsey
496	L'Eree	Guernsey
497	Vazon	Guernsey
498	Cobo Beach	Guernsey
499	Grandes Rocques	Guernsey
500	Port Soif Bay	Guernsey
501	Ladies Bay	Guernsey
502	Le Braye	Jersey
503	Watersplash	Jersey
504	Beauport	Jersey
505	Portelet	Jersey
506	Havre des Pas	Jersey
507	Grouville	Jersey
508	Green Island	Jersey
509	L'Archirondel	Jersey
510	Bouley Bay	Jersey
511	Greve de Lecq	Jersey
512	Plemont	Jersey
513	La Haule	Jersey
514	Victoria Pool	Jersey
515	Rozel	Jersey
516	Bonne Nuit	Jersey